## 107TH CONGRESS 2D SESSION

## H. RES. 438

Expressing the sense of the House of Representatives that improving men's health through fitness and the reduction of obesity should be a priority.

## IN THE HOUSE OF REPRESENTATIVES

June 6, 2002

Mr. Toomey submitted the following resolution; which was referred to the Committee on Energy and Commerce

## RESOLUTION

- Expressing the sense of the House of Representatives that improving men's health through fitness and the reduction of obesity should be a priority.
- Whereas the Surgeon General of the Public Health Service has identified obesity as a major health problem;
- Whereas 61 percent of adults in the United States are considered overweight or obese, as indicated by a body mass index (the most reliable measure) of 25 or greater;
- Whereas 300,000 deaths each year in the United States are associated with being overweight or obese;
- Whereas the economic cost of obesity in the United States was about \$177 billion in 2000;
- Whereas being overweight or obese puts people at a greater risk of heart disease, certain types of cancer, type 2 dia-

betes, stroke, arthritis, breathing problems, and depression;

- Whereas men who are overweight are 50 percent more likely to have erectile dysfunction and men who are obese are 200 percent more likely to have erectile dysfunction;
- Whereas fewer than a third of American adults engage in the recommended level of physical activity, which is 30 minutes, 3 to 4 times a week; and

Whereas the number of overweight and obese children has nearly tripled in the past two decades: Now, therefore, be it

- 1 Resolved, That the House of Representatives—
- 2 (1) recognizes that being overweight or obese is 3 a major health concern in the United States;
- 4 (2) commends and supports the work of all organizations that are taking steps to combat this health problem;
  - (3) urges all governmental, State, and private organizations to do everything in their power to promote a healthy lifestyle; and
- 10 (4) pledges to take proactive steps to intensify 11 its efforts to combat this health problem.

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